

# Art for Everyone

By Robert Lerosé

If Chelsea Phaire, age 12, has her way, people everywhere will have the supplies they need to make their own artwork.

For two years, Chelsea has been giving away art supplies to kids in foster care, shelters, and hospitals, and to veterans and other adults too. “There’s just something about art. It’s so therapeutic and calming,” she says. “It makes you feel happy.”

## Healing with Art

Chelsea learned the power of making art when she was four. “My grandpa had passed away, and I was really sad,” she says. “My grandma told me to draw a picture for him. I put it in his pocket at the funeral so that every morning when he wakes up in heaven, he’ll think of us. That really helped me get through that hard time.”

Chelsea also used art to deal with her feelings after being bullied. “I’ve found that art can be part of the healing process after the loss of someone, another trauma, or for whatever you’re feeling,” she says. “It gives you a creative outlet to express yourself. It helps.”

## Chelsea’s Charity

For her eighth birthday, Chelsea received a deluxe art kit. When her mom said that not everyone was lucky enough to have art in their lives, Chelsea was shocked. “I had always wanted to start a charity, so I knew then what it would be about.”

At her tenth birthday, she asked for art supplies instead of presents. She put together 40 kits with finger paints, brushes, colored pencils, glue, pads of paper, and markers, and delivered them to a shelter.

Since then, with donations to her charity, she has been able to send out about 22,000 kits! She says, “Taking care of children in shelters and seeing kindness bloom around the world are my greatest accomplishments.”

Highlights is proud to know this Gallant Kid. 🍀



## Chelsea’s Favorites



**Subjects**  
ELA and Math



**Book**  
Better You Than Me



**Food**  
Chicken Noodle Soup